

October 2022

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3 Picture Day Pretzels	4 Picture Day crackers	5 NO SCHOOL	6 fresh fruit	7 fresh veggies	8	9
10 NO SCHOOL	11 All school fields trip- no regular class	12 yogurt- large container or individual cups- no tubes	13 applesauce- large container or individual cups- no noliches	14 mini bagels and cream cheese	15	16
17 fresh fruit	18 fresh veggies	19 veggie chips and hummus	20 cheese and crackers	21 pretzels	22	23
24 applesauce- large container or individual cups- no noliches	25 yogurt- large container or individual cups- no tubes	26 pretzels	27 fresh fruit	28 fresh veggies	29	30
31 Halloween treat						

