

February 2023

MON	TUE	WED	THU	FRI	SAT	SUN
		1 Fresh veggies	2 fresh fruit	3 pretzels	4	5
6 yogurt- large container or individual cups no tubes	7 cheese and crackers	8 fresh fruit	9 applesauce- large container or individual cups no pouches	10 veggie chips	11	12
13 NO SCHOOL	14 pretzels	15 cheese and crackers	16 fresh veggies	17 fresh fruit	18	19
20 Pretzels	21 veggie chips and hummus	22 applesauce- large container or individual cups no pouches	23 yogurt- large container or individual cups no tubes	24 cheese and crackers	25	26
27 Fresh fruit	28 fresh veggies					