

# November 2022

MON	TUE	WED	THU	FRI	SAT	SUN
	1 applesauce- large container or individual cups- no nipples	2 yogurt- large container or individual cups- no tubes	3 fresh veggies	4 Pretzels	5	6
7 Mini bagels and cream cheese	8 fresh fruit	9 veggie chips	10 cheese and crackers	11 NO SCHOOL	12	13
14 fresh fruit	15 fresh veggies and hummus	16 applesauce- large container or individual cups- no nipples	17 yogurt- large container or individual cups- no tubes	18 Cheese and crackers	19	20
21 Parent/Teacher no regular class	22 NO SCHOOL	23 NO SCHOOL	24 HAPPY THANKSGIVING	25 NO SCHOOL	26	27
28 Pretzels	29 Fresh fruit	30 Fresh veggies				

