

# January 2023

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL	5 NO SCHOOL	6 NO SCHOOL	7	8
9 NO SCHOOL	10 Pretzels	11 Fresh fruit	12 Fresh veggies	13 cheese and crackers	14	15
16 NO SCHOOL	17 applesauce- large container or individual cups no nouches	18 yogurt- large container or individual cups no tubes	19 fresh fruit	20 veggie chips and hummus	21	22
23 fresh veggies	24 cheese and crackers	25 pretzels	26 yogurt- large container or individual cups no tubes	27 applesauce- large container or individual cups no nouches	28	29
30 fresh fruit	31 fresh veggies					

